

McCormick Tribune YMCA Gym Schedule/Winter 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30	Adult/Teen	Adult/Teen	Adult/Teen	Adult/Teen	Adult/Teen	Center Closed	Center Closed	5:30
6:00								6:00
6:30	Open	Open	Open	Open	Open			6:30
7:00								7:00
7:30	Gym	Gym	Gym	Gym	Gym			7:30
8:00						Open Gym		8:00
8:30	13+	13+	13+	13+	13+			8:30
9:00	5:30-9:30 am	5:30-9:30 am	5:30-9:30 am	5:30-9:30 am	5:30-9:30 am		Open Gym	9:00
9:30	Headstart	Headstart	Headstart	Headstart	Headstart	Yth B-ball League 9am-12pm	Open Gym	9:30
10:00	9:30-10:30 pm	9:30-10:30 pm	9:30-10:30 pm	9:30-10:30 pm	9:30-10:30 pm			10:00
10:30	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open			10:30
11:00	E track	E track	E track	E track	E track			11:00
11:30	or	or	or	or	or			11:30
12:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		Adult Volleyball 12pm-5pm	12:00
12:30	11am-1pm	11am-1pm	11am-1pm	11am-1pm	11am-1pm			12:30
1:00	Open Gym	Teen Challenge	Open Gym	Teen Challenge	Open Gym	Family/ Open Gym		1:00
1:30			1-2pm					1:30
2:00	H.A.S.	2:00						
2:30	1-3 pm	1-3 pm	2:30					
3:00	Teen Reach Program	OPEN GYM	OPEN GYM	OPEN GYM	Teen Reach Program			3:00
3:30						3:30		
4:00	Child Care	Child Care	Child Care	Child Care	Child Care			4:00
4:30								4:30
5:00	Teen reach	Teen reach	Teen reach	Teen reach	Teen reach	Center Closed	Center Closed	5:00
5:30								5:30
6:00	Yth b-ball Practice	Open Gym	Open Gym	Open Gym	Open Gym			6:00
6:30								6:30
7:00	Open Gym 16+ /Half Court Basketball	Open Gym 16+	Yth b-ball Practice	Adult Open Volleyball 16+ (7-9 pm)	Open Gym or Family Programs			7:00
7:30		S.I.P. Program Only	Open Family Gym					7:30
8:00								8:00
8:30								8:30
9:00				Open Gym				9:00
9:30	7-10 pm	8-10 pm	8-10 pm	9-10 pm	7-10 pm			9:30
10:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	10:00



Winter 1 1/04/2010-2/20/2010

Schedule subject to change without notice.

Please call our courtesy counter to confirm any time slot & holiday hours.
(773)235-2525